

An Implementation and Outcome Evaluation of the Parent Centre's Teen Parenting Programme #364.2 (2023)

What is this project about?

This study was conducted by Tulile Masvosvere, a master's of MPhil Programme Evaluation student in collaboration with the Parent Centre's Teen Parenting Programme. The organisation wanted to understand if their programme is making a difference on the lives of its beneficiaries, and to assess beneficiary satisfaction.

The feedback received from the research participants sheds light on various aspects of the programme's implementation and its impact on the lives of the beneficiaries. The findings are based on the perceptions and experiences of the participants themselves, making their voices a central and significant aspect of this evaluation.

The evaluation provided valuable insights into the strengths of the programme and areas for improvement, contributing to the understanding of teen parenting support programmes.

The research

The study evaluated the Parent Centre's Teen Parenting Programme, a parenting and life skills initiative facilitated by a dedicated team in Nyanga, Gugulethu, and Khayelitsha schools and communities

Qualitative **in-depth interviews** were conducted, and all participants were Xhosa-speaking.

Figure 1: Tulile (Tuli) presenting the findings and recommendations of her research with staff from the Parent Centre.



Findings

The study assessed the programme's implementation, with participants expressing satisfaction with the facilitators' teaching methods and the nurturing atmosphere they fostered. Participants reported positive changes in parenting practices, self-esteem, confidence, and competence, leading to improved parent-child relationships and more effective communication.